



Douglas Dental Care
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Filling Post-Operative Instructions

Thank you for trusting us to take care of your dental needs. We would like for your recover and heal as quickly as possible. The directions below are designed to promote proper healing. Please read and follow the directions below.

1. Do not eat on your new filling for one hour and/or until your numbness is gone.
2. If you are supervising children who had fillings done, make sure they don't bite on their numb lips or tongue (it can cause serious injury to their soft tissue).
3. Do not bite hard or chew on silver amalgam fillings for 24 hours.
4. You may experience cold and heat sensitivity and some gum soreness; this usually subsides within a few days.
5. Call our office (770-949-1821) if you experience pain or discomfort for more than a few days after the fillings, or if you have any questions.